

CHICKEN GENERAL TSO

Item # 470133

Nutrition Facts

Serving Size :		3.6Z(101G)
Serving Per Container :		192
Amount Per Serving		
Calories :	170	Calories from Fat : 27
	Per Serving	%Daily Value*
Total Fat	3	5 %
Saturated Fat	.5	3 %
Trans Fat	0 g	
Cholesterol	40 mg	13 %
Sodium	361 mg	15 %
Total Carbohydrate	23 g	8 %
Dietary Fiber	0 g	0 %
Sugars	13 g	0 %
Protein	11 g	
	Per Srv	Per Srv
Vitamin A	0 %	Vitamin C 2 %
Calcium	0 %	Iron 4 %

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	Carbohydrate 4	Protein 4	

School Equivalents

Serving Size	3.6Z(101G)
Meat/Meat Alternatives	2
Fruit/Vegetables	
Grain/Bread	
Milk	
Child Nutrition*	PFS

*Key: USDA=Item has USDA CN label

BG=Item is in the USDA Buyers Guide for Child Nutrition Program

PFS=Manufacturer has provided a Product Formulation Statement

Product Specifications:

MFG Product	UPC	Units/Case	UnitSize/Measure	Serving/Case
15563	00852724155630	6.0	5LB	192

Brand	Class	PBH
LINGS	FROZEN FOOD PROCESS	ETHNIC ITEMS FROZEN

Gross Wt	Net Wt	Origin	Kosher	Child Nutrition
44.5	43.5		N	Y

Shipping Information:

LenXWidthXHt	TiHi	ShelfLife	TempZone	Wt Flag
23.0X15.0X8.5	508	365	FROZEN	N

Allergens:

Contains May contain

Eggs, Soy, Wheat

Handling Suggestions:

6/5# BAGS OF CHICKEN AND 6/36OZ CONTAINERS OF SAUCE IN EACH CASE. KEEP FROZEN, 0F, UP TO 1 YEAR.

Benefits:

GENERAL TSO'S CHICKEN, SWEET SAUCE WITH A HINT OF HEAT COVERING CHICKEN PIECES. CONTAINS NO: MSG, ARTIFICIAL COLOR, ARTIFICIAL FLAVORING,LARD, PEANUTS AND PEANUT OIL.

Additional Information:

Ingredients:

CHICKEN; BONELESS, SKINLESS CHICKEN LEG MEAT, WATER, CORNSTARCH, WHITE WHOLE GRAIN WHEAT FLOUR, SOYBEAN OIL, LIQUID WHOLE EGGS, SALT, WHITE PEPPER POWDER, GROUND GINGER, GARLIC, GREEN ONION. SAUCE; SUGAR, WATER, WHITE VINEGAR, SOY SAUCE, MODIFIED STARCH, JALAPENO CHILI, GARLIC, GINGER, ONION AND ORANGE PEEL.



Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product, without any edits or filters by PERFORMANCENet or PFG. In most cases, the vendor or manufacturer submits nutritional values to PFG as rounded values and not actual values; therefore, laboratory test results for nutritional content of multi-ingredient menu items may be different from the calculated values using the data provided. PFG does not perform any independent evaluation, review, or screening of the vendor's or manufacturer's compliance with federal, state, or local labeling requirements, or other claims. PERFORMANCENet and PFG provide this information solely as a courtesy, and make no representation concerning its accuracy. Always read the product label before use. PERFORMANCENet and PFG do not warrant or guarantee the information provided by the third party information content providers and expressly disclaim any liability arising therefrom.